

English and Chelsea Football Club Coaching Programme

OR CAN BE JUNIOR VACATION PROGRAM (WITHOUT FOOTBALL)



We are proud to be working in partnership with Chelsea Football Club Football in order to provide top class football coaching combined with a course of English language tuition. In Summer 2007 these courses will be held at our vacation centres in Guildford, Surrey or Ardingly College, and Portsmouth University.

Sample Programme FOR ENGLISH + FOOTBALL

View the table below for an example of a typical summer programme:

Sample: (subject to change)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:45 - 08.30	Breakfast						
09.20 - 09.30	Assembly				Full day excursion to London including football stadium visit	Full day excursion to Cambridge	Optional excursions or on-site activities
09.30 - 11.00 Lessons 1 & 2	Testing + tuition	Tuition	Tuition	Tuition			
11.00 - 11.15	Break						
11.15 - 12.45 Lessons 3 & 4	Tuition	Tuition	Tuition	Tuition			
12.45 - 13.45	Lunch						
14.00 - 17.30 Daytime activities & excursions	Football coaching	Football coaching	Football coaching	Football coaching			
17:30 - 19:30	Dinner						
19.30 - 22.30 Evenings activities	Sports night	Karaoke night	Disco	Disco	Film night	Games options	Games evening

Sample Programme FOR ENGLISH + ACTIVITIES (WITHOUT FOOTBALL)



Sample: (subject to change)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:45 - 08.30	Breakfast						
09.20 - 09.30	Assembly		Full day excursion to Oxford	Assembly		Full day excursion to London	Optional excursions
09.30 - 11.00 Lessons 1 & 2	Testing + tuition	Tuition		Tuition			
11.00 - 11.15	Break			Break			
11.15 - 12.45 Lessons 3 & 4	Tuition			Tuition	Tuition & excursion prep		
12.45 - 13.45	Lunch			Lunch			
14.00 - 17.30 Daytime activities & excursions	Tour of campus and town	Swimming		Indoor / Outdoor sports	Museum		
17:30 - 19:30	Dinner						
19.30 - 22.30 Evenings activities	Disco	Film night	Blind date	Talent show	Disco	Film night	Games evening

Guildford, Surrey

St. Catherine's School

- Residential only
- Junior Vacation Course: 9 to 17
- [Football training](#) in association with Chelsea FC available at this centre



Set in beautiful Surrey countryside, and located within 30 minutes by train of London. Guildford and its historical Castle and busy shopping centre are just 5 miles from the school, providing students with the possibility to experience the charm and peacefulness of the beautiful English countryside together with the excitement of London and the history of Guildford. Guildford itself offers first class entertainment and shopping in and around its cobbled High Street. Not only can students enjoy some of the finest shopping in the South East, but a wealth of attractions are within easy reach including Thorpe Park, Chessington World of Adventures, National Trust properties, RHS Wisley and the River Wey.

College Details

The school boasts up-to-date facilities, all on site, as well as attractive boarding accommodation. Boarding accommodation has been refurbished to provide smaller study bedrooms for 2 - 4 students, and bright new common rooms. Symes, the Junior Boarding house, pleasantly situated in the grounds of St. Catherine's, has also been completely redesigned, and now offers cheerful, up-to-date accommodation. There are limited single rooms.

College Facilities

- The school is set in 80 acres of grounds
- All-weather-pitches
- Tennis Courts
- Multi-purpose indoor sports gym
- Swimming pool
- Playing fields
- Dorms sleeping 2 – 6 students
- Classrooms
- Refectory



Haywards Heath, Sussex

Ardingly College

- Junior and Teenage Vacation Course: age 9-15 (Summer)
- [Football training](#) in association with Chelsea FC available at this centre
- [Harry Potter Experience](#) available at this centre (groups only)



Ardingly Village is within easy walking distance of our centre and the town of Haywards Heath is nearby. The school is also very close to London's two main airports - Heathrow (40 miles) and Gatwick (only 9 miles).

College Details

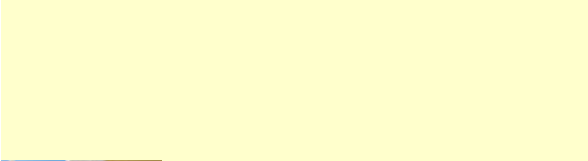
Ardingly College is a leading independent boarding-school located just 45 minutes from London and close to Brighton. The impressive school campus is set in 200 acres of spectacular countryside and houses up to 500 students in residential single, twin and multi-rooms. The school benefits from some of the best sporting facilities in the country.

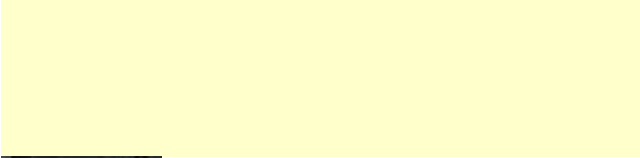
College Facilities

- Single, twin and multirooms
- Refectory
- 18 tennis courts
- Indoor heated swimming-pool
- Top of the range sports centre, providing badminton, football, basketball and cricket
- Outdoor volleyball area
- Extensive sports fields

PHOTO GALLERY







RATE FOR 2 WEEKS PROGRAM –Chelsea Football with English-activities & excursions):

RATE PER CHILD : 17,950

(NB. Without football program, the rate will decrease by 1000 LE)

DATES AT GUILFORD SURREY

- 16 JULY - 30 JULY
- 23 JULY - 6 AUGUST
- 30 July - 13 August

DATES AT ARDINGLY :

- 29 June - 13 JULY
- 6 JULY - 20 JULY
- 13 JULY - 27 JULY
- 27 JULY-10 AUGUST

- Full board and accommodation (see specific pages of our centres for details)
- 12 hours of football coaching per week
- 12 hours of English Language tuition per week
- A Chelsea F.C certificate on completion of the course
- A Chelsea F.C medal on completion of the course
- A Twin Language Certificate and progress report

- 2 full day excursions per week including one visit to a Premier League Stadium per week e.g. the Chelsea Stadium (Stamford Bridge) Tour
- Evening activities (
- **Air Ticket Cairo / London/ Cairo with meet/assist & escort to the flights.**
- **Returned transfer with meet & assist :Airport / Camps / Airport.**
- **24 hours supervision**
- **Medical insurance , taxes & registration fees**

What's Included in the Football Programme?

The football coaching sessions include:

- Basic techniques
 - Passing
 - Ball-control
 - Running with the ball
 - Turning
 - Dribbling
 - Shooting
 - Heading
 - Goalkeeping
- Attacking and defending (1 v 1 and 2 v 2)
- Principles of attack and defence - small-sided games (3 v 3, 4 v 4, 5 v 5, 6 v 6)
- Warm-up/cool down
- Group work and discussion

What Students Should Bring With Them

- Track suit
- Tee shirt and shorts
- Football boots and trainers
- Football socks and shin pads
- towel

RATES EXCLUDE: VISA FEES (820 LE) & EXTRA OPTIONAL EXCURSIONS

OR Laundry facilities (2.sterling pound approximately per wash)